

# Advanced First Aid

A comprehensive course offering advanced first aid and cardiopulmonary resuscitation (CPR) skills for those typically designated as a senior workplace first aid attendant. Course covers a variety of topics from basic (circulation and breathing emergencies, and prevention of disease transmission) to advanced (sudden medical emergencies and injuries to the head and/or spine), including instruction dedicated to understanding workplace legislation and responsibilities.



<b>Duration</b>	80 hours	
<b>Instructor</b>	Red Cross Advanced Emergency Care Instructor or Emergency Care Instructor Trainer	
<b>Prerequisites</b>	Standard First Aid with CPR Level C	
<b>Completion</b>	100% attendance, skills demonstration, 2 evaluated scenarios, and 80% min. passing grade on written exam	
<b>Certification</b>	3-year certification in Advanced First Aid, CPR Level HCP, and AED	
<b>Recertification</b>	40 hours; includes CPR Level HCP	
<b>Course Content</b>	<p><b>Part 1 – Preparing to Respond</b></p> <ul style="list-style-type: none"> <li>■ The responder</li> <li>■ The emergency scene</li> <li>■ Preventing disease transmission</li> </ul> <p><b>Part 2 – Establishing Priorities of Care</b></p> <ul style="list-style-type: none"> <li>■ Anatomy and physiology</li> <li>■ Assessment</li> <li>■ Respiratory emergencies</li> <li>■ Airway and ventilation</li> <li>■ Circulatory emergencies</li> <li>■ Bleeding</li> <li>■ Shock</li> <li>■ Pharmacology</li> </ul> <p><b>Part 3 – Traumatic Injuries</b></p> <ul style="list-style-type: none"> <li>■ Soft tissue injuries</li> <li>■ Musculoskeletal injuries</li> <li>■ Head and spine injuries</li> <li>■ Chest, abdominal, and pelvic injuries</li> </ul>	<p><b>Part 4 – Medical Emergencies</b></p> <ul style="list-style-type: none"> <li>■ Sudden illnesses</li> <li>■ Poisoning</li> <li>■ Heat- and cold-related emergencies</li> </ul> <p><b>Part 5 – Special Populations and Situations</b></p> <ul style="list-style-type: none"> <li>■ Special populations &amp; crisis intervention</li> <li>■ Childbirth</li> <li>■ Reaching and moving people</li> <li>■ Multiple casualty incidents</li> <li>■ Transportation</li> <li>■ Workplace</li> </ul> <p><i>Includes CPR HCP</i></p> <p><i>Includes any other content required by specific legislation</i></p>
<b>Take-Home Materials</b>	<p><i>Emergency Care</i></p> <p><i>Emergency Care Workbook</i></p> <p>Certification card and optional wall certificate</p>	