First Aid Instructor

Provides candidates with the knowledge and skills to teach core Red Cross First Aid & CPR courses: Emergency and Standard First Aid, CPR/AED, Marine Basic First Aid, Emergency and Standard Child Care First Aid.

Includes how to teach and facilitate, individual and group assignments, practice teaching, injury prevention principles, inclusion, and progressive learning.

Duration	32 hours of teaching time
Instructor	Red Cross First Aid Instructor Trainer
Prerequisites	Proof of current Standard First Aid (or higher) with CPR-HCP; ability to complete all first aid and CPR skills effectively without coaching; min. 18 years old. **The following individuals can opt for a transfer course instead:** a) current First Aid or CPR Instructors with another recognized organization; b) current Red Cross Swimming & Water Safety Instructors with Standard First Aid and CPR Level HCP; c) former Red Cross First Aid Instructors (certification expired between 2 and 5 years); d) teachers with an education degree and current Standard First Aid and CPR Level HCP. The transfer is a 16-hour course or self-study and 7-8.5-hour course.
Completion	100% attendance, skills demonstration, complete practice teaching, and 80% min. passing grade on written exam
Certification	3-year certification as Red Cross First Aid Instructor
Recertification	8 hours; adheres to local legislation
Post-course Requirements	Meets the requirement of the co-teach form as outlined by the Instructor Trainer
Course Content	**PART 1 – Information for the First Aid Instructor** ■ How people learn ■ Instructional techniques ■ Organizing courses **PART 2 – Specific Course Content** ■ First Aid, CPR, AED, Child Care, Marine Basic, and knowledge evaluation
Take-Home Materials	*First Aid & CPR Instructor Manual*, First Aid & CPR media presentation, *First Aid & CPR Manual*, and *CPR/AED Manual* *Recommended: First Aid Booklet,* PeopleSavers Facilitator Package*,* Babysitting Facilitator Package*, Child Care First Aid & CPR Manual* Certification card and optional wall certificate